How the Carpal Solution™ Works

Proven Natural Stretching Therapy

Carpal Solution™ Therapy offers natural relief from CTS pain and numbness in days. It is different from other over-the-counter CTS treatments and restrictive braces. It is not a compression device or a rigid immobilizing splint. These devices are restrictive, cause muscle atrophy, irritate already injured tissue, inhibit circulation and complicate recovery. Worn during sleep, the Carpal Solution™ gently and consistently stretches simultaneously at three key points on the palm of the hand reshaping soft tissue surrounding the carpal tunnel.

This consistent gentle stretching action applied for 6 to 8 hours while the hand is relaxed and at rest, decompresses the tissue around the carpal tunnel relieving pressure on the Median Nerve, enhancing blood circulation and lymphatic flow. Exhale… it gets your body back to its normal healing process at the cellular level by reducing swelling and eliminating the pain and numbness of Carpal Tunnel Syndrome naturally.

RELIEF FROM YOUR WORST SYMPTOMS IS MOST OFTEN NOTICED WITHIN DAYS OF STARTING THE CARPAL SOLUTION™ AND REMISSION OF CARPAL TUNNEL SYMPTOMS ACHIEVED OVER THE 6 WEEK PROTOCOL.

Gentle, natural and consistent stretching of the soft tissue during sleep combined with active use of your hands during the day results in an ideal rhythmic therapy for relief from CTS symptoms – without the risks and downtime of surgery, with no muscle atrophy or embarrassment common with rigid restrictive braces or splints or side effects associated with oral pain medication and steroid injections. The Carpal Solution is a better first line of defense for CTS sufferers. Dr. Morgan, the physician inventor, explains that “Carpal Solution Therapy™ increases nutrient rich blood circulation and hence reinvigorates the hand at the cellular level. This contributes to the hand’s rapid recovery from the pain and numbness of CTS naturally. Imagine the peace of mind—having a safe, natural therapy to control Carpal Tunnel Syndrome symptoms without the complications, downtime and risks.

COMMON CARPAL TUNNEL SYMPTOMS:

- Sleep interruption
- Pain in hand and wrist
- Pain radiating up the forearm
- Cold hands—forearms warm

If you are experiencing a combination of any of the above symptoms, there is a high likelihood that you have Carpal Tunnel Syndrome. Early diagnosis and treatment with Carpal Solution Therapy™ can prevent its progression and reverse the symptoms of Carpal Tunnel Syndrome over the Six Week Protocol. While applying the Carpal Solution™ proactively, you should also consult your physician to confirm the diagnosis. There is no need to wait. Take control of your symptoms today. Most Health Insurers reimburse with a receipt from the purchase and a prescription from your doctor for a WHF Orthosis Device, which is the medical classification for Carpal Solution Therapy.

Contact First Hand Medical  email: relief@MyCarpalTunnel.com  call: 617-794-0503

The Carpal Solution™ is Hypoallergenic and is latex free. It is self applied in three easy steps. User friendly application diagrams and simple instructions are available inside for your convenience.

View user testimonials at www.MyCarpalTunnel.com

Disclaimer: Although results have been experienced by individuals as discussed above, First Hand Medical and its licensees and affiliates in no way imply that all individuals will respond the same due to the differences in the underlying cause of the above symptoms. If symptoms persist, consult your physician. Store at 50-80º F

US FDA Registered Hypoallergenic

Medical Classification: WHF Orthosis
Six Week Therapy Protocol

Includes 28 Disposable Devices

Wear one device per night for the first two weeks followed by one every other night for the next four weeks. Symptom progression is readily reversed with proactive Carpal Solution™ Therapy while you sleep.

What If My Symptoms Return After the Six Week Therapy?

If the conditions that led to your Carpal Tunnel Syndrome continues, the symptoms will likely return over time after completing the Six Week Protocol. Even after surgery, CTS symptoms often come back in a relatively short time. This is why it is so important to choose a convenient, natural treatment to control your CTS symptoms. To help you be proactive about your hand health and prevent the return of CTS symptoms, Dr. Morgan developed the One Year Prevention Program working with his patients. His One Year Prevention Therapy Pac protocol calls for wearing the Carpal Solution device one night per week to prevent Carpal Tunnel flare-ups from returning and interrupting your active life.

The One Year Prevention Pac contains 56 disposable devices—enough for a full year of treatment at the most affordable price available. Be proactive about your hand health and order the One Year Carpal Solution Prevention Pac today. Most people find that their condition only stays in remission for six months to two years after completing the Six Week Protocol depending on how active they are with their hands. They order the Prevention Pac to use for CTS prevention during active times of work or play and to have on hand for any flare-ups that might occur.

THE PEACE OF MIND IS WORTH IT.

You can order the One Year Carpal Solution Prevention Pac at a discount price at www.MyCarpalTunnel.com, the website employs state-of-the-art encryption technology for secure transactions on the internet.

NOT INTENDED FOR USE:

In the event of an open wound, if an allergic reaction occurs, in conjunction with any skin disorder, where the palm meets the wrist. Cut with scissors or tear away excess tape to prevent overlap. Where the palm meets the wrist. Cut with scissors or tear away excess tape to prevent overlap.

DO NOT OVER TIGHTEN

Gentle Consistent Stretching is The Key

The Carpal Solution feels so good when you wear it during the day too. Dr. Morgan advises that a person can wear it during the day for up to 16 hours in a 24 hour period, but you need rest from the stretching therapy for at least 8 hours each day. Allow your hands to return to their normal motion and for your skin to breathe freely.

MAKE A DIFFERENCE!

Register anonymously at www.handhealth.info and post your experience using the Carpal Solution Forum: www.MyCarpalTunnel.com. Ask questions and share your experience at the Hand Health Forum: www.handhealth.info. Email: handbook@handhealth.info. For free referrals, visit the most comprehensive site on the web at www.MyCarpalTunnel.com.

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WHEN CAN I EXPECT RELIEF?

Most people see relief of their worst symptoms in a few days and are able to return to normal sleep. However, the Carpal Solution requires six weeks to achieve the full benefit of this gentle but consistent soft tissue stretching therapy. There are over 14 different contributing factors to Carpal Tunnel Syndrome. So, each individual responds to Carpal Solution Therapy somewhat differently. Eighty percent of CTS sufferers see relief from their worst symptoms within the first week and remission over six weeks. Eighty percent of people, it can take up to two weeks before relief begins to be achieved. Four to seven percent of people require up to three months of Carpal Solution Therapy before their discomfort subsides significantly. (You can learn more about the causes at www.MyCarpalTunnel.com)

Why A Six Week Protocol?

Dr. Morgan states, “Even though patients often feel totally relieved of symptoms early in the protocol, I recommend they follow the Six Week, Soft Tissue Stretching Therapy program to achieve maximum long term benefit and keep Carpal Tunnel Syndrome symptoms in remission for as long as possible. Most patients are grateful and swear that with the peace of mind, knowing they have a viable alternative therapy to keep CTS symptoms in check without the complications, interruptions and risks of surgery, oral pain meds, caloric restrictive splints or steroid injections.”

HELP FOR INDIVIDUALS WITH HAND PROBLEMS WITHIN THE FIRST MONTHS TO SIX WEEKS.

A few users, such as those who have been using cock-up night splints, report that they experience increased discomfort for the first three or four days—up to 3 weeks of Carpal Solution™ Therapy before lasting relief from CTS symptoms are realized. In these cases CTS sufferers find that using oral OTC pain medication as directed for a limited time to minimize short-term hand discomfort can be quite helpful during the brief Six Week Transition Period. CTS sufferers report that lasting relief is well worth the relatively low level of medication mitigated discomfort. People taking pain medication should always follow the directions on the label of the product unless directed otherwise by a physician.

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LEFT HAND

Can I wear the Carpal Solution During the Day?

The Carpal Solution feels so good when it is on that many people ask if they can wear it during the day too. Dr. Morgan advises that a person can wear the Carpal Solution for up to 16 hours in a 24 hour period, but you need rest from the stretching therapy for at least 8 hours each day. Allow your hands to return to their normal motion and for your skin to breathe freely.

CIRCULAR CUT-OUT INDICATES CORRECT TENSION

Applied when stretched to an oval.

Overlapping the straps on the palm side of hand will cancel out the gentle stretching action created by the elastic backing and prevent the Carpal Solution from relieving CTS pain and numbness.

You can reorder the Carpal Solution at any time of the day or night on a secure fully encrypted shopping cart at:


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What If My Symptoms Return After the Six Week Therapy?

If the conditions that led to your Carpal Tunnel Syndrome continues, the symptoms will likely return over time after completing the Six Week Protocol. Even after surgery, CTS symptoms often come back in a relatively short time. This is why it is so important to choose a convenient, natural treatment to control your CTS symptoms. To help you be proactive about your hand health and prevent the return of CTS symptoms, Dr. Morgan developed the One Year Prevention Program working with his patients. His One Year Prevention Therapy Pac protocol calls for wearing the Carpal Solution device one night per week to prevent Carpal Tunnel flare-ups from returning and interrupting your active life.

The One Year Prevention Pac contains 56 disposable devices—enough for a full year of treatment at the most affordable price available. Be proactive about your hand health and order the One Year Carpal Solution Prevention Pac today. Most people find that their condition only stays in remission for six months to two years after completing the Six Week Protocol depending on how active they are with their hands. They order the Prevention Pac to use for CTS prevention during active times of work or play and to have on hand for any flare-ups that might occur.

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MAKE A DIFFERENCE!

Register anonymously at www.handhealth.info and post your experience using the Carpal Solution or send your story to Relief@MyCarpalTunnel.com and enter to win a free Carpal Solution Six Week Therapy Pac when your story is selected and published on www.MyCarpalTunnel.com.
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The Carpal Solution is not intended to resolve symptoms caused by Autoimmune Disorders, arthritis, Diabetes, Gout, Hypothyroidism, Menopause, etc. It is known that the above conditions can contribute to CTS. It is important to work with your doctor to properly diagnose and treat these medical conditions separately in addition to using the Carpal Solution for relief from CTS symptoms only. Only skin irritation may occur on the hand side using the Carpal Solution discontinued use and see a physician or dermatologist. First Hand Medical disclaims liability for any claim relating to shall in no event exceed the monetary value paid by customer for the product. Visit www.MyCarpalTunnel.com for more information. For accurate diagnosis and best results, in addition to wearing the Carpal Solution™ following the Six Week protocol people with the symptoms described in this package should visit a licensed physician.

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COMMON CARPAL TUNNEL SYNDROME SYMPTOMS:

- Sleep interruption
- Pain in hand and wrist
- Pain radiating up the forearm
- Cold hands—forearms warm
- Downtime at work—lost earnings
- Weakness in hand and wrist
- Poor circulation, hands falling asleep
- Loss of feeling in fingers/thumb
- Loss of grip strength, dropping objects
- Loss of fine motor skills
- Clumsy hands and fingers
- Loss of motor skills
- Sleep interruption
- Pain in hand and wrist
- Pain radiating up the forearm
- Cold hands—forearms warm

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www.MyCarpalTunnel.com

Your Reliable Source

First Hand Medical

Active Hands for Life